metro

PHILADELPHIA NO. 1 FREE DAILY IN THE US

Tuesday, December 1, 2015 metro.us | t: MetroPhilly | f: MetroPhilly

Macnow says Okafor needs support from Sixers. 22

THOMPSON HEARTS PHILLY

The 'Creed' actress talks doing Rocky on his home turf. 15

Idris Elba talks about his casual cool clothing line for Superdry. 17

WORLD AIDS DAY

Annie Lennox speaks about World AIDS Day as commemorations are planned across the city today.

4 & 19

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OBAMA TO MEET ERDOGAN

1 President Barack Obama will meet Turkish President Tayyip Erdogan on Tuesday at the international climate talks in Paris, the White House said on Monday. Obama earlier on Monday met with Russian President Vladimir Putin as Ankara and Moscow remain locked in a dispute over the downing of a Russian jet last week. REUTERS

BOND SET AT $1.5 MILLION

2 A judge on Monday set a $1.5 million bond for a white Chicago police officer charged with murder after a patrol car's dashboard camera video showed him shooting a black teenager 16 times. Officer Jason Van Dyke, who appeared in shackles, must post 10 percent of the total amount. The police union president said after the hearing that union members can help Van Dyke's family meet the amount. Last week Van Dyke was denied bail and prosecutors had asked that ruling to stand. REUTERS

TIGHTER VISA WAIVER

3 The White House announced a series of changes to the U.S. visa waiver program to add more screening for travelers from 38 countries around the world allowed to enter the U.S. without visas. The accelerated changes were prompted by the attacks in Paris, which have heightened security concerns among Americans. REUTERS

'0 CHRISTMAS TREE'

7 Workers at Rocky Yomo Trees move Christmas trees as they set up shop on the corner of Front Street and Washington Avenue, in South Philadelphia on Monday.

MAIN PHOTO BY CHARLES MOSTOLLER, ALL OTHER PHOTOS BY GETTY IMAGES

OKLAHOMA STORMS

4 Gov. Mary Fallin has declared a state of emergency in Oklahoma after storms over the weekend caused floods, coated roads with ice and left about 60,000 customers without power on Monday. The declaration covers all 77 counties, and remains in effect for 30 days. REUTERS

3 KILLED IN SHOOTING

5 Three people were killed in Hatfield Sunday night in what police sources described as a possible murder-suicide. "Police say there was a report of a shooting around 11:30 p.m. Sunday in the 100 block of Diamond Street in Hatfield," CBS Philly reported. The incident has been described as a murder-suicide by NBC Philadelphia, citing "multiple sources with knowledge of the investigation." Although there is little information regarding the incident, neighbors are reportedly stunned. MATT LEE

POLICE IMPOSTORS

6 Philadelphia police are looking for two people who posed as police officers during two incidents. Investigators claim a man and woman exited a car and approached a woman on Jackson Street in South Philadelphia early Sunday morning, Fox reported. After the man flashed a badge, they identified themselves as cops. METRO

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Is the end of AIDS in sight?

Ten fast facts about HIV/AIDS for World AIDS Day.

Despite major advances, HIV/AIDS remains one of the world's most significant public health challenges, particularly in low- and middle-income countries, with new diagnoses every year — and young women in sub-Saharan Africa seen as being particularly at risk.

World AIDS Day on Dec. 1 is used to unite people in the fight against HIV, the human immunodeficiency virus first identified in 1984. Events show support for people living with HIV and commemorate those who have died.

The member countries of the United Nations agreed in September in a new set of global goals to end the AIDS epidemic by 2030.

Here are some facts about AIDS in 2015 with data from the World Health Organization, the United Nations children's agency UNICEF and UNAIDS:

1 Globally about 36.9 million people are living with HIV, including 2.6 million children.

2 An estimated 2 million were infected in 2014.

3 An estimated 34 million people have died from HIV or AIDS, including 1.2 million in 2014.

4 The number of adolescent deaths from AIDS has tripled over the last 15 years.

5 AIDS is the number-one cause of death among adolescents in Africa and the second among adolescents globally.

6 In sub-Saharan Africa, the region with the highest prevalence, girls account for 7 in 10 new infections among those aged 15-19.

7 At start of 2015, 15 million people were receiving antiretroviral therapy, compared to 1 million in 2001

8 Despite widespread availability of HIV testing, only an estimated 51 percent of people with HIV know their status

9 The global response to HIV has averted 30 million new HIV infections and nearly 8 million deaths since 2000

10 In 2015, Cuba was the first country declared to have eliminated mother-to-child transmission of HIV REUTERS

Today is World AIDS Day. GETTY IMAGES

Philly recognizes AIDS Day

ActionAIDS volunteers will be hitting the streets Tuesday outside Suburban Station, Jefferson Station and City Hall at 7:30 a.m. to distribute information about AIDS awareness, prevention and advocacy.

Their message is that "AIDS is not over," said executive director Kevin Burns in a statement.

The group will also be sharing information about their "Linkage Program." It helps former inmates with HIV find medical care after leaving jail.

Former Congressman, U.S. Navy Admiral and contender for the Democratic nomination for U.S. Senate Joe Sestak will appear at ActionAIDS' offices at 12th and Arch streets Tuesday afternoon to raise awareness.

Sestak will "discuss how HIV disproportionately impacts members of the LGBT community even though the devastating disease is no longer thought of as a 'gay illness,'" a press release said. "Sestak will also discuss the actions he took in Congress to help the LGBT community, as well as other issues and policy proposal that still need to be addressed, including employment and housing non-discrimination and addressing LGBT youth homelessness."

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Temple adjuncts vote to unionize

Adjunct professors at city's biggest college head to bargaining table.

SAM NEWHOUSE
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Adjunct professors ask for pro-unionization support at a rally at Temple University in October. CHARLES MOSTOLLER

After more than two years of organizing, adjunct professors at Temple University look to be headed to the bargaining table with their school over working conditions.

Out of roughly 1,400 adjuncts, 900 voted in the election, the results of which were announced Monday. There were 609 votes in favor of joining the Temple Association of University Professionals (TAUP), the union which represents full-time faculty and is part of the American Federation of Teachers (AFT), and 266 against.

"It was a landslide," said Ryan Eckes, an adjunct English teacher at Temple for 10 years who is an organizer with the pro-unionization movement. "Now we'll start negotiating for job security and benefits."

Adjunct or part-time professors are widely employed at Temple — they make up about half of the professors — as well as at most universities around the country. Despite having higher education degrees, most adjuncts have little job security and no access to the benefits that full-time faculty enjoy.

> *"It is time to move forward."*
>
> Temple University Provost Hai-Lung Dai

A majority of adjuncts filed authorization cards last December to the Pennsylvania Labor Relations Board for the right to hold an election on unionization. Temple University opposed the move, but after a series of hearings, the labor board ruled the election could proceed.

"Now that the vote is completed, it is time to move forward," Temple University Provost Hai-Lung Dai said in an email to faculty. "Soon we will begin working with TAUP to produce a collective bargaining agreement that includes adjunct faculty. The university will work to ensure the best possible outcome for our community."

That statement marks a change in tone for Temple, which called adjunct unionization a "bad idea" in previous statements.

"The complaints from adjuncts at Temple—low pay, unpredictable workloads, terrible job conditions and no benefits—echo those we hear from adjuncts across the country," said AFT president Randi Weingarten in a statement. "Through the union, Temple's adjunct faculty will be able to negotiate together for better pay, benefits and working conditions as well as higher-quality education for their students."

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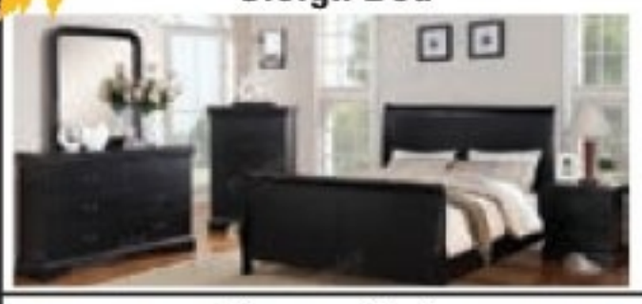

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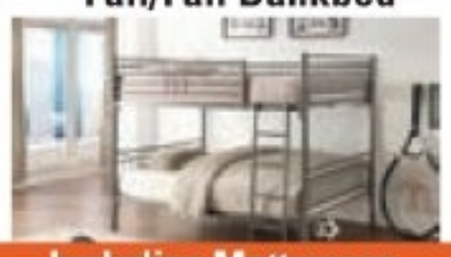

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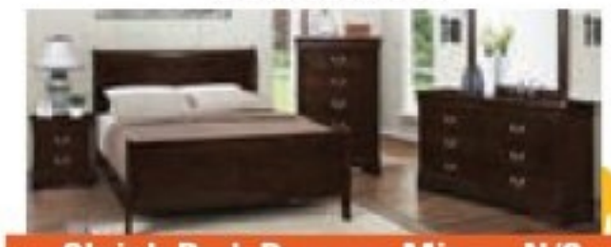

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Please donate to the Metro Magic annual holiday toy drive during the 2015 holiday season.
In keeping with the holiday spirit of giving, Metro is once again launching Tony's Metro Magic, our annual toy drive for underprivileged children in Boston, New York and Philadelphia.

This year marks the seventh anniversary of the toy drive, which was renamed in memory of the man who oversaw the project for more than four years, Tony Metcalf, Metro's longest-running editor-in-chief. Metcalf passed away in 2013 from colon cancer at the age of 50.

Metcalf lit up every year as he saw the faces of children unwrap their holiday gifts. It is our goal to keep that magic alive. We are now asking readers to contribute what they can to Tony's Metro Magic.

Metro has created a wish list at the Target website that readers can access by going to www.metro.us and clicking on the Tony's Metro Magic logo.

From there, just choose the toys you wish to donate, pay online using Target's secure payment system, and your gifts, along with your name attached, will be delivered to Metro's offices in each city. This season we hope you will remember the children who will spend the holidays in shelters or who may not have gifts to open. Even one small gift can make a big difference in a child's holiday season.

METRO

Gosnell's son sentenced for burglary

Son of infamous abortion doctor gets one to two years for home invasion.

DAN KELLEY
@MetroPhilly
dan.kelley@metro.us

Barron Alexander, son of Dr. Kermit Gosnell (pictured), who ran an infamous abortion clinic in West Philly (above), was sentenced Monday.
PROVIDED

Barron Alexander, the son of "House of Horrors" abortion doctor Kermit Gosnell, told a judge on Monday that to this day, he still doesn't know why he burglarized the home of three neighbors. But he said his father's conviction for murder might have had something to do with it.

"It slowly broke me down over time," Alexander, 23, said in court.

Alexander, who has served 17 months in jail, was expected to be released late Monday after being granted probation in a case that would have escaped much media attention if it wasn't for his father's notoriety.

"You don't need specialized degrees to know he was acting out," said his defense lawyer, Mary Maran.

Gosnell was sentenced to life in prison in 2013 for performing illegal, late-term abortions in a squalid Powelton Village clinic. Investigators said they found jars of fetal parts and frozen fetal remains.

The case drew national attention for its lurid depiction of a filthy practice that preyed on low-income women. It remained in the headlines for months, driven by the national debate over abortion rights, and drawing allegations by pro-life groups that the state turned a blind eye to Gosnell.

The former Cheyney University senior, who changed his last name to escape the stigma of being associated with his father, said his grades fell from a 3.7 GPA in his freshman year, to a 2.5.

He told Common Pleas Court Judge Rayford Means that he doesn't know why he went into his neighbor's home, but that he was really drunk at the time.

"I wish I had a good answer," Alexander said.

On the night of the burglary, Alexander entered the home of three college students, stealing a video game system and several games. He hid them behind a house, and then went back. He was trying to steal one of the victim's cell phones from a bedroom when he woke up.

They started fighting and Alexander grabbed a bayonet that was in the victim's room and slashed him across the face.

A roommate woke up and opened fire. One bullet remains lodged in Alexander's spine, and he walks with a cane to this day.

"I can't imagine waking up in my sleep with someone trying to beat on me and take my stuff," Alexander said.

Officially, Alexander was sentenced to 11 to 23 months for the crimes, but because he'd been in jail he was granted immediate parole.

Judge Means made reenrolling in college and seeking medical treatment required for his probation.

US Marine Private First Class officer Joseph Scott Pemberton (center) enters a court building to face the first day of his trial. He's charged with the murder of transgender Filipina Jennifer Laude, in Olongapo City on March 23, 2015.
GETTY IMAGES

Philippine court to rule if U.S. Marine guilty of murder

A court in the Philippines will decide on Tuesday whether a U.S. Marine is guilty of murder in the killing of a transgender woman, a case that has reignited debate over the American military presence in the poor Southeast Asian country.

Lance Corporal Joseph Scott Pemberton, who is being held at a U.S. facility at the main army base in Manila, is on trial for the murder of Jennifer Laude. The victim was found dead last year in a hotel in Olongapo City, near a former U.S. naval base northwest of the Philippine capital.

"We've presented overwhelming evidence for the murder," Harry Roque, a lawyer for the victim, told Reuters, saying he was confident the court would find Pemberton guilty and sentence him to life imprisonment.

The term of 20 years to life would be the maximum penalty the regional trial court can hand down for the crime. In June 2006, the Philippines repealed the death penalty.

But defense lawyer Rowena Flores said the marine should be found innocent, because the prosecution failed to explain why Laude's neck bore traces of three kinds of DNA, including those of the victim and the suspect.

The court has not identified the third DNA source, boosting defense lawyers' theory that another person might have killed Laude, said by forensic experts to have died on Oct. 12. Pemberton left the hotel at 11:30 p.m. the previous day.

"Clearly, Joseph Scott Pemberton cannot be found responsible for Laude's death," Flores told Reuters. "We believe that Pemberton will be acquitted eventually. If not by the regional trial court, then by the Court of Appeals or the Supreme Court."

The case has stirred debate over the presence of American soldiers on Philippine soil after Filipino senators voted two decades ago to kick out U.S. bases in the country because of social issues, such as crimes committed by servicemen.

"The only reasonable expectation is that Pemberton would be convicted," Renato Reyes, secretary-general of left-wing group Bayan (Nation) said in a statement. The group plans to hold protests outside the court and near the U.S. embassy in Manila. REUTERS

"Should he be acquitted, that would be a great injustice to Laude and the Filipino people. That would be unacceptable."

Reyes

BRIEF

With climate at 'breaking point,' leaders urge breakthrough in Paris

World leaders launched an ambitious attempt on Monday to hold back rising temperatures. The U.S. and China led calls for the climate summit in Paris to mark a decisive turn in the fight against global warming.

In a series of opening addresses to the U.N. talks, heads of state and government exhorted each other to find common cause. Two weeks of bargaining is designed to steer the global economy away from its dependence on fossil fuels.

French President Francois Hollande said the world was at a "breaking point."

The leaders arrived in Paris with high expectations and armed with promises to act.

After decades of struggling negotiations and the failure of a summit in Copenhagen six years ago, some form of agreement — likely to be the strongest global climate pact yet — appears all but assured by mid-December.

President Barack Obama, one of the first leaders to speak at the conference, said: "What should give us hope that this is a turning point, that this is the moment we finally determined we would save our planet, is the fact that our nations share a sense of urgency about this challenge and a growing realization that it is within our power to do something about it."

The leaders gathered in a vast conference center at Le Bourget airfield. In all, 195 countries are part of the unwieldy negotiating process, with a variety of leadership styles and ideologies that has made consensus elusive in the past.

Key issues, notably how to divide the global bill to pay for a shift to renewable energy, are still considered to be contentious. REUTERS

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Silver convicted on all counts

Former New York Assembly speaker loses his seat and faces more than 100 years in prison.

Sheldon Silver GETTY IMAGES

Sheldon Silver, one of New York's most powerful politicians for two decades, was convicted Monday of abusing his office to collect as much as $4 million in illegal bribes and kickbacks.

A federal jury in Manhattan found Silver, 71, guilty on all seven counts he faced following a three-week trial, including fraud, extortion and money-laundering.

The verdict caps a stunning fall for Silver. As state Assembly speaker, he enjoyed immense political influence before his arrest in January.

Together with the governor and the state Senate majority leader, he was one of the so-called "three men in a room" who control virtually all legislation under New York's governance system.

The conviction comes as Silver's former counterpart in the Senate, former Majority Leader Dean Skelos, faces his own corruption trial in the same federal court.

Both men resigned their leadership posts after their arrests, but continue to work as lawmakers representing Manhattan's East Side and Long Island, respectively. Silver will automatically lose his seat as a result of his conviction.

The verdict also represents a major victory for Preet Bharara, the U.S. attorney in Manhattan,. His office brought both the Silver and Skelos cases amid a broader probe into corruption in the state capital of Albany.

> *"Today, Sheldon Silver got justice, and at long last, so did the people of New York."*
>
> Bharara

"Today, Sheldon Silver got justice, and at long last, so did the people of New York," Bharara, who was in court to hear the verdict, said in a statement.

One of Silver's defense lawyers, Steven Molo, said, "We're obviously disappointed in the verdict, and we intend to file vigorous post-trial motions to set it aside."

The Silver and Skelos cases are the highest-profile in a string of prosecutions and ethics scandals that have forced dozens of state lawmakers from office in recent years.

Prosecutors said Silver traded $500,000 in secret state grant money to a cancer researcher, Robert Taub, who in turn referred his asbestos patients to Silver's law firm. The firm then paid Silver millions of dollars in referral fees and settlement proceeds.

Silver was also charged with steering developers to another law firm in exchange for kickbacks and then working to weaken rent control legislation to benefit the developers, all while hiding his profits from public disclosure.

Silver's lawyers had accused Bharara of overreaching, taking the deal-making and favor-trading that comprises politics as usual in Albany and trying to twist it into criminal behavior. REUTERS

BRIEF

First police trial in Freddie Gray killing begins with jury selection

Jury selection began on Monday in the trial of the first of six police officers charged in the April death of a black man from an injury in police custody that set off rioting in Baltimore and inflamed the U.S. debate on race and justice.

The death of Freddie Gray, 25, followed police killings of black men in other cities, including New York and Ferguson, Missouri, that gave rise to the Black Lives Matter movement, which has staged more than a year of mostly peaceful protests across the United States.

Some 20 protesters assembled outside the downtown courthouse where jury selection was underway. Their cries of "No justice, no peace, no killer police," and "We won't stop until killer cops are in cell blocks" could be heard in the courtroom.

Officer William Porter faces charges including manslaughter, second-degree assault and misconduct in office for Gray's death, the result of a spinal injury suffered in the back of a police van after he was taken into custody for fleeing an officer and possessing a knife. REUTERS

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Puerto Rico teeters on another default

Puerto Rico in August defaulted for the first time, paying only $628,000 of a $58 million payment due on bonds.

Alejandro Garcia Padilla GETTY IMAGES

Puerto Rico Gov. Alejandro Garcia Padilla said he will decide on Monday afternoon or Tuesday morning whether to make a bond payment due Dec. 1, in what could be another default from the indebted island that skipped part of a bond payment in August.

A further default from Puerto Rico, facing more than $70 billion in total debt, could trigger lawsuits, shake bond prices and would show the drastic action the government is taking to keep the island running.

Moody's credit agency has predicted that Puerto Rico will default on at least a portion of its scheduled debt on Dec. 1, which consists primarily of $355 million of debt service on notes issued by the U.S. territory's Government Development Bank (GDB).

"There are creditors of the Government Development Bank that continue to negotiate with the bank today," Garcia Padilla said at a news conference in San Juan on Monday, in reference to the Dec. 1 payment. "Depending on those negotiations, I would be making the decision today in the afternoon, and tomorrow morning."

Garcia Padilla said that the government was analyzing the impact that making the payment would have on essential government services.

There are two parts of the GDB debt due on Tuesday - $81.4 million of non-general obligation-backed debt and $273.3 million of notes backed by the commonwealth's general obligation guarantee, according to Moody's.

In a recent note, the rating agency anticipated that a default on the guaranteed debt could trigger legal action on behalf of general obligation bond creditors. REUTERS

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Cyber Monday sales jump, but traffic leads to website outages

Cyber Monday advertising on Best Buy's website. BEST BUY

U.S. online sales grew 14 percent on Cyber Monday, on track to set a record and leading some retail websites, like Target's, to crash temporarily due to high customer traffic.

Website outages and slow checkouts during the five-day shopping spree starting on Thanksgiving were also reported at PayPal, department store chain Neiman Marcus, Wal-Mart Stores, L Brands Inc.'s Victoria Secret and at Foot Locker.

Sales on Cyber Monday, the busiest day of the year for internet shopping, were up 14 percent from a year earlier at $490 million between midnight to 10 a.m. ET, according to Adobe Digital Index, part of Adobe Systems Inc, which provides digital marketing and media solutions to merchants.

Adobe tracked 80 percent of all online transactions from the top 100 U.S. retailers and said sales are on track to meet its expectation of a record $3 billion by the end of the day.

The data underscored the ongoing shift in shopping to online retailers.

To compete with each other and Amazon.com, most U.S. retailers like Wal-Mart, Target and Best Buy began offering some of the season's best online deals several weeks in advance of Cyber Monday, which previously had been the traditional day for such sales.

The early, aggressive moves hurt spending and customer traffic at stores during Thanksgiving evening and Black Friday.

"Consumers are hyped for Cyber Monday, with social buzz more positive than what we saw on Black Friday, but they need to brace themselves for the highest out-of-stock rates of the season so far," said Tamara Gaffney, principal analyst at Adobe Digital Index.

Adobe said 15 out of 100 product views were returning an out-of-stock message this morning, two-and-a-half times the normal rate.

Between Thanksgiving Day and Sunday, $8.03 billion was spent online, a 17 percent increase from 2014, Adobe said. The average shopper spent $135.25, up 4 percent from a year ago. REUTERS

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Old 'Star Wars' toys go galactic in value

Vintage toys linked to the "Star Wars" film franchise are moving faster than a swirling lightsaber, sending prices of many of them soaring into hyperspace.

With the latest in the series — "Star Wars: The Force Awakens" — due to open this month, auctioneers in the northeast England town of Thornaby have sold one for a colossal $27,000.

This was not a historic piece of trivia. like the movie-prop blockade-runner spaceship that California-based auctioneers Profiles in History sold for $450,000, or Princess Leia's actual slave costume, which went for $96,000.

What collectible toys specialist Vectis Auctions Ltd sold in January on behalf of British collector Craig Stevens was a small plastic replica of bounty

Star Wars toys GETTY IMAGES

hunter Boba Fett, a cult character from "Star Wars" sequel "The Empire Strikes Back" (1980).

With the proceeds of that, and mainly other toys anyone could have purchased for pocket money at the time, Stevens and his wife bought a house — for cash.

"I'd like to say I had some kind of vision but I didn't. I collected for myself," Stevens told Reuters, adding that some items he had collected had been about to be thrown away. Various collectors' hoards of "Star Wars" memorabilia, from robots to spaceships, "Death Star" pencil sharpeners and on to packaged figurines, are piled up in Vectis, which will hold another in a series of online auctions of about 700 pieces on Dec. 8.

The most valuable toys are those that are sealed in their original packages from decades ago. They've never been used, Kathy Taylor, Vectis's "Star Wars" expert, said, adding: "It's not a normal retail situation we're in here."

"It isn't anything that's just a toy," she said. "It's actually a way of life and a cultural thing. People even look at some of these card backs that we sell as works of art." REUTERS

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4. AMS 700® Patient Manual, Information and Instructions for Patients Considering an Inflatable Penile Prosthesis. American Medical Systems. 2012.

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Bob Saget was not invited to the Olsen twin wedding

Are you bummed that you didn't score an invitation to Mary-Kate Olsen's swanky Manhattan wedding to Oliver Sarkozy this weekend? Well, at least you're in good company. "Full House" co-star Bob Saget didn't get to attend either. "I was not invited, but I'm very happy and I sent a Mazel tov text," Saget tells the "Today" show. "I hope they're happy." So what did you and Saget miss out on? In appropriately French fashion, the reception reportedly featured "bowls and bowls filled with cigarettes, and everyone smoked the whole night," according to Page Six. Sounds ... less than delightful.

ALL PHOTOS GETTY IMAGES

Katie Holmes tries, fails to appear just like us

Katie Holmes does a terrible job of trying to come off as a relatable New Yorker in her new Ocean Drive magazine profile, and it's kind of amazing. "I'm a normal person and I do walk around," she insists. "If you're having a bad day, you just take a walk, and it's not only that you see people who are having a worse day than you, it's just that you're in life. You suddenly can't be stuck in whatever problem you're in because you have to hail a cab or you have to get a subway ticket. There's more than just you, and I think the harsh winters give you a little bit of character." OK, where to begin? How about with the whole making yourself feel better by seeing people worse off than you? That's bold. Also, subway ticket? Not that I believed she actually took the subway, but still.

the word

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I don't care what your political affiliation is — it's impossible not to enjoy the Google image search, "Donald Trump piñatas."

Joe Jonas isn't taking his ex's new relationship well

Should we be worried about Joe Jonas? He's apparently not taking the news of ex-girlfriend Gigi Hadid hooking up with Zayn Malik very well — at least if his social media activities are any indication. (And I guess we now live in a world where they could be.) Just as Hadid's new romance was starting to heat up, Jonas went and unfollowed her on Instagram — which, to be fair, makes sense. But he also unfollowed Malik, probably because the former One Direction member is likely to start posting photos of Hadid now that they've reached the hand-holding-in-public stage of their relationship. And then — and then! — Jonas also deleted a photo from Twitter taken back in June of him with Malik and Kanye West hashtagged "squad." He really seems upset.

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To Philadelphia with love

"Creed" star Tessa Thompson talks about how the city defined her character.

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Tessa Thompson's Bianca mingles with Michael B. Jordan's Adonis in "Creed," though she's no typical love interest. WARNER BROS. PICTURES

In "Creed," Tessa Thompson's Bianca is not just the girlfriend. She's a musician who falls for Michael B. Jordan's aspiring boxer Adonis as he trains with his dad's old-foe-turned-bud Rocky Balboa (Sylvester Stallone). Bianca has her own thing going on — her own life, her own ambitions. And the actress — from "Veronica Mars," "Selma" and "Dear White People," in which she played serious-sarcastic activist Sam — was given a lot of agency, including co-writing the electronic music Bianca plays.

You got to spend some time in Philadelphia before the shoot to learn about Bianca. How did the city help inform her?

She's this patchwork of a lot of different areas and parts of Philadelphia. It meant I got to know the city in a very specific way. I was looking for points of reference. I was looking for somebody who felt like Bianca or would have been her friend.

This is the biggest movie you've done, but I get the impression it was very handmade and close-knit.

It was super close-knit. When you think of big studio movies you think of 15 people in suits and lots of people coming in. It wasn't like that. If you were in a scene, this was [director] Ryan Coogler [she gets up and crouches behind the hotel sofa]. He's here, with his tiny monitor. He was never where all the madness is and all the suits. He's right here, next to you, and you'll finish a take and he'll pop up and be like, "Hey, so, when you said that word it didn't feel like you liked it that much. How would you say it?" He was making the next Ryan Coogler movie, not the next "Rocky" movie.

At the same time you are, sort of, making the next "Rocky" movie, and in Philadelphia, where they're huge.

I remember one of our first fight sequences. There were maybe 600 background people. And Sly is in the ring, just stretching. The audience immediately goes, "Rocky! Rocky!" And then suddenly 600 people stood up, chanting, "Rocky!" It was the first moment I was like, "Oh my gosh, we're making this movie." I had almost forgotten that, because I was just busy making the next Ryan Coogler movie called "Creed."

It's basically impossible to escape Rocky when you're in Philadelphia.

I know. I spent my first two weeks in a hotel before I got to my place. I was like, "I'm not going to think of it as a "Rocky" movie. We're trying to make something fresh, so let's approach it with freshness." I moved into my apartment and literally next door is a Philadelphia souvenir shop and the whole storefront is Rocky. There are Rocky bobbleheads. Every day as I leave for work, I'm like, "Hey, Rocky!" It was inescapable. And when we'd walk down the street with Sly, I swear they thought it was a documentary. They were like, "Yo, Rocky! You forget about us?" It means so much. They're so invested in these stories.

The future

Here and in "Dear White People" your characters are shown to have all these different sides, all these interests and influences.

That's very quickly becoming the norm, culturally. But it's not necessarily being reflected in media. You don't see many characters who are coming from different points of view, that blur the lines of gender or race or what have you. It's exciting to create characters like that. It's so cool to have young people come up to me and say they relate to that, that they got to see parts of themselves on screen.

GETTY IMAGES

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Directions:

1 Cook noodles
Bring a large pot of salted water to a boil. Place noodles in a bowl and cover with 4 cups of boiling water. Let soak 10 minutes. Drain. Reserve pot of hot water.

2 Prep vegetables
Meanwhile, peel and finely slice ginger. Cut slices into thin matchsticks. Peel and finely chop garlic. Cut broccoli into thin florets. Cut root ends from scallions, then cut crosswise into 2–3-inch pieces (cut any thick pieces in half lengthwise). Juice orange.

3 Cut steak
Slice steak thinly crosswise.

4 Cook aromatics
Heat 2 tablespoons oil in a large skillet over medium- high. Sauté garlic and ginger until golden, about 1 minute.

5 Cook beef
Increase heat to high. Add beef in a single layer then add broccoli and scallions. Cook without stirring, about 2 minutes. Stir, then continue cooking until beef is seared, about 1½ minutes more.

6 Finish
Stir in tamari, orange juice, mirin and a pinch of sugar. Let boil until reduced and meat is glazed, about 3–5 minutes. Bring hot water back to a boil and add noodles. Boil 2 minutes then drain and toss with 1 tablespoon oil. Divide noodles among plates and top with beef, broccoli and sauce. Enjoy!

Recipe

MARLEY SPOON

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Soy-Ginger Beef and Broccoli with Rice Noodles

Marley Spoon uses mirin—sweet rice wine—and the juice from one orange to balance a flavorful tamari sauce. The trick to making this sauce is letting it reduce just a few minutes over high heat until it thickens and beautifully coats tender beef. Broccoli florets are perfect for catching all that flavor. Cook, relax and enjoy!

Cooking time: 25 minutes
Attributes: beef (gluten-free, lactose-free)
Calories: 720 kcal/person
Allergens: soy

What we send
- 4 oz mai fun rice stick noodles
- ½ oz fresh ginger
- 2 garlic cloves (0.4 oz)
- 8 oz broccoli crowns
- 4 scallions (2 oz total)
- 1 orange (7-10 oz)
- 10 oz flat iron steak
- ¼ cup tamari (2 oz)
- 2 Tbsp mirin (1 oz)
- coarse salt

What you need
- Neutral oil, such as vegetable or safflower
- sugar

Equipment
- large pot
- strainer
- large skillet

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Idris Elba, fashion designer

The duo behind Superdry talks celeb collaborations and not being trendy.

RICHARD PECKETT
Metro World News
letters@metro.us

British brand Superdry has enough design detail to not look like you've shopped in a hurry, without the wackiness or price point of high-end fashion. Everyone from cash-strapped students to David Beckham is buying Superdry.

The label's headquarters is not in an east London fashion epicenter but rather a less than salubrious industrial estate in Cheltenham, a town 90 miles northwest of the capital. Julian Dunkerton, who set up Superdry in 2003, and brand and design director James Holder prefer, in their words, "to look from the outside in" rather than design for a globally irrelevant hipster bubble. The tactic is working, with the duo rattling off 6,000 products a year to shops from London and Paris to New York and Bogota.

Superdry teamed up with actor and DJ Idris Elba to create a 250-piece premium collection, now available, made up of staples like a leather racer jacket, Henley tops, slim chinos, IE-branded hoodies and crew neck knitwear, all in subdued darker tones.

It's got the 43-year-old "The Wire" star's signature all over it — and that's not because the brand has slapped his name and face on it, but because he was very much involved with every piece.

You had huge success years ago after David Beckham wore one of your T-shirts, so why didn't you capitalize on the buzz with a celebrity collaboration before?

Julian Dunkerton: It didn't make sense. Who are you going to do it with? This only makes sense because Idris loves Superdry, he's the coolest bloke on the planet, and he wanted to do it. We've become friends and hopefully this will be a long relationship.

This isn't an H&M-style one-off?

JD: No, no, no. Us and Idris — this is going to be a permanent part of our brand. It's a totally different deal.

James Holder: Obviously, we have hundreds of people and brands coming to us — we're very sexy people to work with. [Dunkerton laughs] Let me rephrase that: We're a very sexy brand to work with.

Were you hoping that by working with Idris — a staple of men's magazines — you'd improve your credibility with the fashion press?

JH: We're not trying to satisfy the fashion press. It's all about the customer feeling amazing in our product. As a provincial brand, we don't tick all the traditional boxes, but what we have got is the best product on the planet. You won't find two guys who love clothing more than we do. We don't obsess about trend; we're not playing the game.

Idris Elba SUPERDRY

Elba on Idris Elba + Superdry

How it came about
"I had a relationship with them where they sent me clothes, and I liked them and wore them, and I kept wearing them. I met Julian and James, and I said, 'You guys are cool people. We're both British. We have a lot of things in common and we have a very specific audience.' They don't usually do celebrity endorsements and I don't usually do fashion endorsements."

Why it works
"Superdry makes affordable clothes, so I didn't want to come in with a premium line that was hard to sell to a customer that doesn't exist. ... I kept their functionality and practicality and put on this premium design on top of that. And as soon as this is over, we're thinking of spring."

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4 Holiday books to get you in the Christmas spirit

When the weather outside gets frightful, stay inside with one of these new releases.

EMILY LAURENCE
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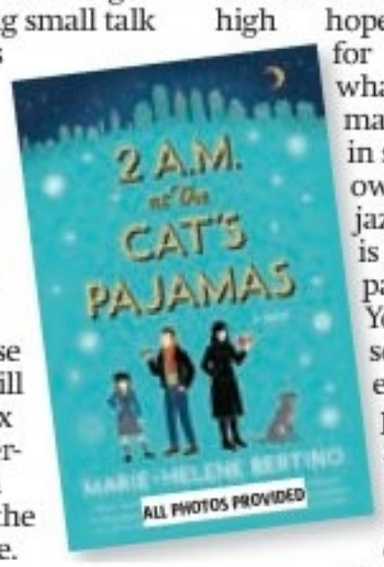
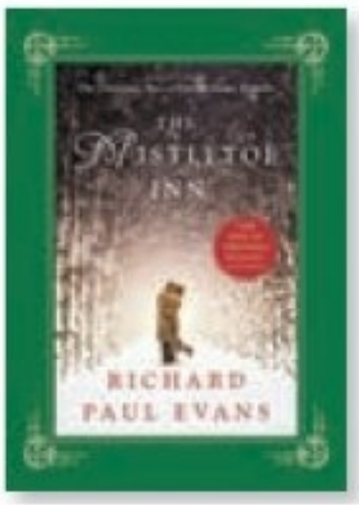
Between getting the holiday shopping done, stopping by at all the parties you "have" to go to and making small talk with relatives you only see once a year, the holidays can be stressing. It's important to carve out time for yourself. These new books will help you relax and stay cheerful — even in the midst of the holiday hustle.



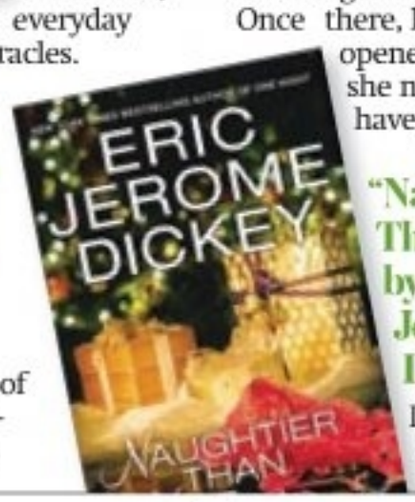
"2 A.M. at the Cat's Pajamas" by Marie-Helene Bertino

Three different storylines are woven together in this heartwarming tale, which was just released in paperback. Set in Philadelphia, it all takes place over one extraordinary night. Sarina, a teacher who just moved home after getting divorced, is on her way to a dinner party, nervous about seeing her high school crush. Madeline is a nine-year-old aspiring jazz musician with high hopes for what this Christmas Eve has in store. Lorca owns a local jazz club, but is struggling to pay the rent. You'll enjoy seeing how everything plays out and it will remind you of life's small, everyday miracles.



"The Mistletoe Inn" by Richard Paul Evans

The author of "The Christmas Box" is back with another love story. Kimberly used to dream of becoming a famous romance novelist, but she's had her heart broken so many times that she's on the verge of giving up on love, let alone mustering up the energy to write about it. In a last-ditch effort to get her inspiration back, she decides to spend Christmas at a writing retreat. Once there, her heart is opened in ways she never could have predicted.



"Naughtier Than Nice" by Eric Jerome Dickey

If you're looking for something extra steamy to keep you warm, reach for this enticing romance novel. It's about three adult sisters, all dealing with their own complicated romantic conundrums. Though their family is tight-knight, each hides her own dark secret. And like most secrets, these will not stay hidden for long.

"A Gift From Bob" by James Bowen

If you loved James Bowen's New York Times bestseller "A Street Cat Named Bob," this true story is right up your ally. This book is about a time during the holidays when Bowen was a struggling street musician. The streets were cold and Bowen didn't have anywhere to go. When an abandoned cat, Bob, came into his life, it motivated him to keep living. The holidays can be a rough time, but hope comes in unexpected ways.

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World AIDS Day: 'The battle continues'

Singer and activist Annie Lennox tells us about keeping the disease in the spotlight.

ELODIE NOEL
Metro World News
letters@metro.us

Annie Lennox knows how celebrity controversy can act as currency in competing for media attention. In 2010, she caused a stir by wearing a T-shirt printed with the words "HIV positive" on television. That led to debate about her own health status (she said she's not HIV-positive but millions are) and the continuing prevalence of the virus.

It's once again a shocking A-list reveal — actor Charlie Sheen's disclosure of being HIV-positive — that has brought the epidemic back into the spotlight. Lennox isn't interested in the gossip-fueled media circus surrounding Sheen, but she is passionate about improving public awareness, life-saving treatment and testing.

In support of World AIDS Day, the Scottish singer tells us about her role in continuing to educate the world about the disease.

Why did you become an HIV/AIDS activist?

I was invited to be part of the launch of Nelson Mandela's HIV/AIDS foundation in 2003. He organized a special concert and invited lots of great artists like Peter Gabriel, Youssou N'Dour, Beyonce and Bono. The very next day, Mandela held a global news conference, and he told the world that at that time, HIV/AIDS was a pandemic that was affecting the people of his country on a genocidal scale. That was a wakeup call for me, as both a woman and a mother. I didn't really understand how it could be that so few people seemed to know about the scale of what was happening and that women were the face of it.

Do you feel like there is still a lot of misconception about this disease?

Absolutely, it continues on to this day that people still don't fully know the facts. No, the virus is not passed on because you hug someone, or kiss someone, or share a glass of water. It's very important to break down fear and stigma, and it can be done through education. In terms of education, we need open discussions about that issue, which is very tricky because of the nature of it — people tend to be secretive about their sexual behavior.

Does it take a controversial statement to spark debate?

Nowadays, every issue is competing with some other issue to gain attention in the media. Sometimes, something controversial — for example, a well-known Hollywood actor disclosing his status as HIV positive — can create dialogue. Without dialogue, the issue just goes away to the back page when, actually, it hasn't gone away; it's very much with us today.

Speaking of Charlie Sheen, would you like to see more celebrities openly divulging their health status?

We live in a time when celebrities are viewed as currency. It's a strange currency because this particular individual probably didn't want that disclosure; it came in a forced way. Magic Johnson had the courage to step out years ago — that is always an excellent thing. In this actor's case, if he didn't do that on purpose, I don't think that's appropriate. I would hope it's done through one's choice, and I also like to think that they would advocate healthy and responsible behavior, i.e. having protected sex.

Many places in the world have problems with HIV/AIDS, yet it's often ignored because it's associated with the taboo topics of homosexuality and drugs.

I'm almost 61, and since the '70s when I was in my 20s, I personally have witnessed so many changes in society for the better, a far more accepting society in Britain and in America. Eventually, change is possible, but it takes time and work. The ignorance is there at the very top of the tree — in the government. For example, South African president Jacob Zuma said a few years ago that taking a shower "would minimize the risk of contracting the disease." We need to educate the people who are supposedly the leaders, the ones who should know better.

Books I Have Loved

Annie Lennox is holding a special online auction, Books I Have Loved, to raise funds for women and children affected by HIV/AIDS. The auction, which begins today and goes through Dec. 8, includes 10 books handpicked by Lennox with written reflections, which will be further personalized with handwritten messages for the winners. For more details, visit www.annielennox.com

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Why there's no diet that works for everyone

People eating the same foods can have widely different physical reactions. ISTOCK

A new study could change forever how we lose weight.

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Brace yourself for the season of fad foods and trendy diets designed to fight the holiday bulge. The time between Thanksgiving and New Year's accounts for a fork-dropping 75 percent of the extra weight we gain during the year.

But as anyone who's tried to diet knows, finding one that actually helps you shed pounds is next to impossible. A new study has finally revealed why — and it's going to change everything we thought we knew about eating healthy.

When it comes to recommending diets, doctors and nutritionists often rely on foods' glycemic index (GI), which estimates how much a person's blood sugar is expected to rise based on the amount of carbohydrates in the food.

Instead of GI being an intrinsic property of the food, the Personalized Nutrition Project found that blood sugar responses differ between people who eat the same thing.

"Most dietary recommendations that one can think of are based on one of these grading systems. However, what people didn't highlight, or maybe they didn't fully appreciate, is that there are profound differences between individuals. In some cases, individuals have opposite response to one another," says study co-leader Eran Segal, of the Weizmann Institute of Science.

Following a hunch about the lack of success with low-GI diets in many people, Segal and his team used blood sugar monitors to track 800 people over the course of a week. They recorded everything they ate, as well as their sleep patterns and exercise habits, and analyzed participants' microbiomes through stool samples.

The variations in response to the same foods turned out to be huge, sometimes even contradictory. For example, one woman learned that tomatoes, commonly considered a healthy food, were causing her blood sugar to spike.

The study also showed that lifestyle habits affect blood sugar levels, which also varied depending on whether a meal was eaten after waking up or working out.

"We chose to focus on blood sugar because elevated levels are a major risk factor for diabetes, obesity and metabolic syndrome," Segal tells Weizmann Wonder Wander, a resource on the institute's web site. "The huge differences that we found in the rise of blood sugar levels among different people who consumed identical meals highlights why personalized eating choices are more likely to help people stay healthy than universal dietary advice."

In the future, Segal predicts that nutritional recommendations will shift from general guidelines to personalized meal plans, using tools like DNA testing and microbiome analysis.

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Turns out we do eat with our stomachs, not our brains. ISTOCK

Microbes decide when you're done eating

ELODIE NOËL
Metro World News
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The human brain is a marvel of evolution, but in matters of the gut, it's taking cues from a much more lowly source.

When we eat, what we're really doing is feeding the microbes in our digestive system. They in turn signal the brain when they've had enough to tell it we're full, according to a new study out of the University of Rouen in France.

"We now think bacteria physiologically participate in appetite regulation immediately after nutrient provision by multiplying and stimulating the release of satiety hormones from the gut," says lead researcher Dr. Serguei Fetissov.

The study, published in the journal Cell Metabolism, focused on Escherichia coli (E. coli), normally present in the guts of mammals and birds. Although some strains of E. coli can be harmful, they also keep out other kinds of harmful bacteria.

Fetissov and his team found that after E. coli has been digesting food and multiplying for 20 minutes, they start producing certain proteins. According to the scientists, it's no coincidence that this is the same timeframe it takes for someone to start feeling full after a meal.

When the French researchers injected small doses of the bacterial proteins released once the bacteria had begun eating, the animals would eat less, regardless of whether they were hungry or well fed. Those proteins also stimulated the release of two kinds of peptides: one that suppresses appetite, and another that prompts the body to produce insulin.

"Our study shows that bacterial proteins from E. coli can be involved in the same molecular pathways that are used by the body to signal satiety," Fetissov sums up, "and now we need to know how an altered gut microbiome can affect this physiology."

Enechionyia wants to be go-to guy for Temple basketball team

The defense-first Owls will take scoring anywhere they can get it.

JEFF MCMENAMIN
@Jeff_McMenamin
sports@metro.us

Temple guard Jesse Morgan played a crucial part in the Owls' success last season. After missing the first 10 games of the season due to transfer rules, Morgan injected a spark into the Owls offense, sending them on a six-game winning streak including a 77-52 upset over 10th-ranked Kansas.

When Morgan's outside shot was working, the Owls were a dangerous team. In games where Morgan had four or more three's, the team had a perfect 8-0 record. Sitting in the stands just a few rows behind the Temple bench in Sunday's 69-50 win over Delaware (2-2), Morgan watched as another Owl emerged from beyond the arc to propel the team to victory.

Sophomore forward Obi Enechionyia scored 16 points on 4 of 6 shooting from the outside in the Owls' (2-3) convincing win over the Blue Hens.

"I want to be the shooter," Enechionyia said. "Jesse Morgan was the shooter last year. This year I planned on trying to be the best shooter on the team. That's really what I focused on in the offseason — to become more of a threat from the outside."

Last season, Enechionyia shot 12 of 43 (28 percent) from beyond the arc. He's shooting 9 of 19 (47 percent) so far in this young season.

3

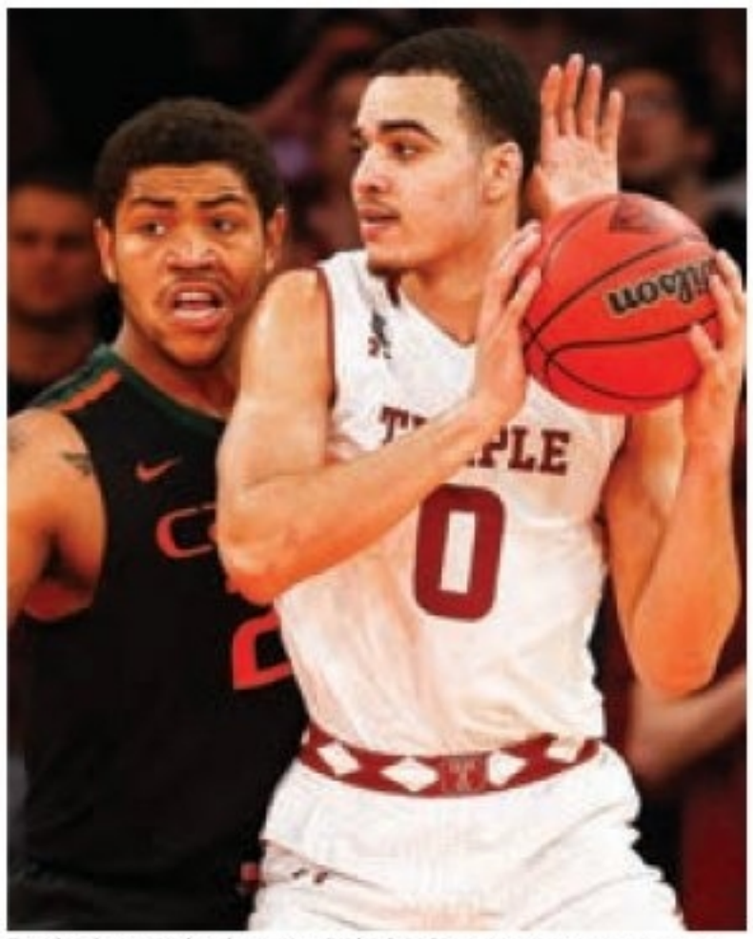
THE OWLS HAVE THREE LOSSES THIS SEASON, ALL TO TOP-25 RANKED TEAMS (NO. 1 UNC, NO. 22 BUTLER AND NO. 16 UTAH).

"You wouldn't believe me that the game plan was to not let him get any open threes," Delaware coach Monte Ross said after the game. "He's a player that I think is really coming into his own this season. I've seen him really raise up with a lot of confidence in the games I studied.

"Any time you can have a stretch-four that can consistently put pressure on the defense, he's going to be really good for your team."

The Owls had a scare in the first half when Enechionyia tweaked his right ankle, forcing him to sit for the rest of the half. It's the same ankle which made him miss Temple's season-opening loss to No. 1-ranked North Carolina. He said the ankle was "almost at 100 percent" before the tweak and he'll give it some rest before Wednesday's game against Fairleigh Dickinson.

"He's shooting [the ball] very, very well," Temple coach Fran Dunphy said. "Now the next step is to be the best defender he can be. … Obi is a very valuable commodity for us. They really have to go out and guard him because he stretches the floor."



Temple is home Wednesday against Fairleigh Dickinson, a 7 p.m. start. GETTY IMAGES

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MACNOW: 76ERS' OKAFOR ON BRIDGE TO TROUBLE

Jahlil Okafor is one of the frontrunners for NBA Rookie of the Year. GETTY IMAGES

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OPINION

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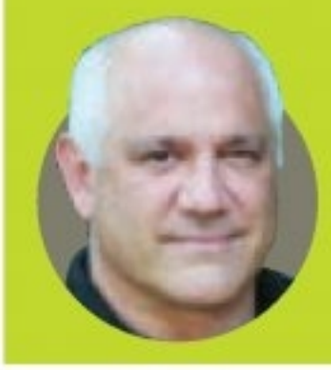

Jahlil Okafor has yet to win an NBA game. On the other hand, he has had a gun pointed to his head in Old City, flattened a heckler outside a Boston bar and got caught rocketing his car across the Ben Franklin Bridge at 108 mph. It's been that kind of season.

While the destruction of a once-proud Sixers franchise moves through its third year, Okafor is a breathing example of why the Joshua Harris-Sam Hinkie science experiment is doomed.

Hmmm, what happens if you take an immature 19-year-old, place him in a world without adult supervision and subject him to humiliation night after night? You think something bad might come out of that toxic mix?

Let's point out that Okafor is most accountable for his screw-ups. Teenage boys are prone to dumb decisions, but Okafor must understand he doesn't have a typical young man's luxury of irresponsibility. You sacrifice that when you sign a $3.8 million annual contract.

But it spreads beyond that. The Sixers active roster doesn't include a single player over age 24. While that may push Hinkie's 0-82 dream closer to reality, it provides the team's young players with no veteran guidance — on or off the court. Brett Brown may be a father figure, but who's the big brother teaching how a pro is supposed to conduct himself? Who's the old head explaining that you walk past bar hecklers, rather than sparking a confrontation that could leave you with a broken hand, an arrest record or a bullet hole?

The malfeasance of this organization is stunning. After three incidents, Okafor should have been suspended for a game or two. Hinkie should have publicly vowed this is not what his organization stands for. At minimum, the Sixers (or Okafor's family, which should be even more concerned) must hire a $75,000 babysitter to protect their multi-million investment from his own poor instincts.

"Harris and Hinkie don't seem to regard players as humans, so much as, to use their word, 'assets.' But they are young men and, thus, they need guidance."

You assume another teenager flying over the bridge at 63 miles above the speed limit would have wound up in a jail cell. That's for the cops to explain. But since forever, the world has excused foolish behavior by celebrities. Thus the headline on CSNPhilly.com Monday morning read: "Embattled Jahlil Okafor still having fun playing basketball."

Whew. At least we needn't worry about that.

For what it's worth, he can't be having fun. I've seen the memes of Okafor slumped against the exit ramp wall after yet another blown fourth-quarter lead. The biggest flaw in Sam the Sham's master plan is that he can subject these young men to losing several hundred games and then — by dint of a lucky lottery ball — turn that locomotive to hell on a dime and start winning. As if all these humiliations will have no effect on their psyche.

Harris and Hinkie don't seem to regard players as humans, so much as, to use their word, "assets." But they are young men and, thus, they need guidance.

Jahlil Okafor is clearly screaming out for some of that.

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Ambler Sports Academy trying to help baseball make its comeback

Phillies hurler Jesse Biddle is a proud alum of the baseball school just outside Philly.

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When the Phillies star-crossed prospect Jesse Biddle was coming of age playing baseball at summer camp in Philadelphia just over a dozen years ago, he swore by coach Frank Decembrino.

"Frank is an amazing guy," Biddle said. "I can't say enough about him as a baseball coach. I learned a lot from him."

Decembrino, who co-owns the Ambler Sports Academy with his partner Shannon Gunby, is attempting to make baseball an inclusive game once again.

"We're trying to bring baseball back," Decembrino said. "There's a lack of exposure to the game for so many kids since things have changed since I grew up. Back in the day, kids would go to the sandlot for pick-up games, but now it's more like pay to play. It's disgusting how it's changed. Now a lot of families spend $2,000 to send their kid to an academy for a few months for false hopes and dreams. What's sad is that kids are missing out on baseball because it teaches you about life."

The Ambler Sports Academy has personal lessons, which are reasonably priced but much of the time booked is for teams, which is much less costly for parents.

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Decembrino is hoping more teams from Philadelphia take advantage of his academy.

The Mount Airy baseball club trains at the Ambler Sports Academy.

"It's been great for Mount Airy baseball," Mount Airy umpire coordinator D.J. Giordano said. "We send some of our travel teams there. The Ambler Sports Academy helps keep the camaraderie going during the winter, builds baseball skills and it's cost effective, which is so important."

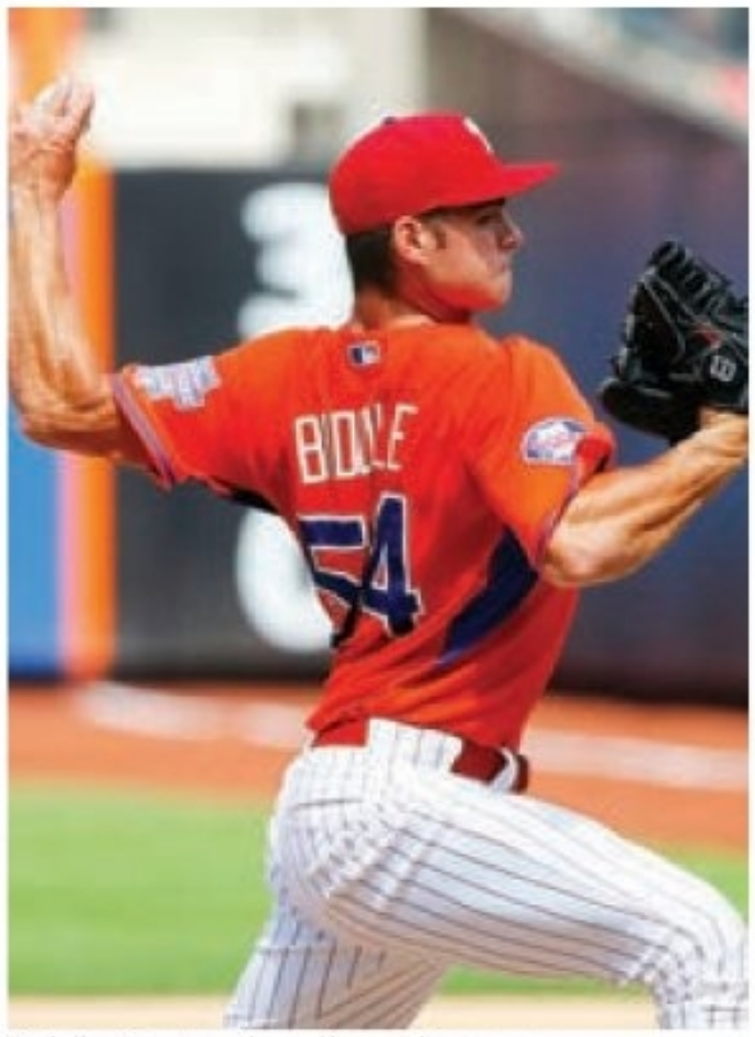
Perhaps more urban teams will take advantage of the opportunity at Ambler Sports Academy.

"We would love that," Decembrino said. "We're a little different here since Shannon and I are both educators."

Gunby is a middle school teacher at Wissahickon and Decembrino is a physical education instructor at Cheltenham High School, where he was head baseball coach for a decade. But he gave up that gig when he opened the Ambler Baseball Academy.

Decembrino and Gunby make baseball fun. They've added Ripken Quickball to its program. Quickball is a rapid version of baseball. Kids can drill extra-base hits and score on defense as well as learn fundamental skills.

"Kids can learn baseball accidentally through Quickball," Decembrino said. "It's a lot of fun and it promotes baseball. When I was a kid I dreamed of being Mike Schmidt and Pete Rose. We want kids to be exposed to baseball and embrace it like Jesse Biddle did. Jesse was always very talented, but part of the reason he advanced like he did was because he wanted to play more than anyone else. That kind of love for baseball is awesome to see. There's no game like it."



Baseball continues to get less and less popular. GETTY IMAGES

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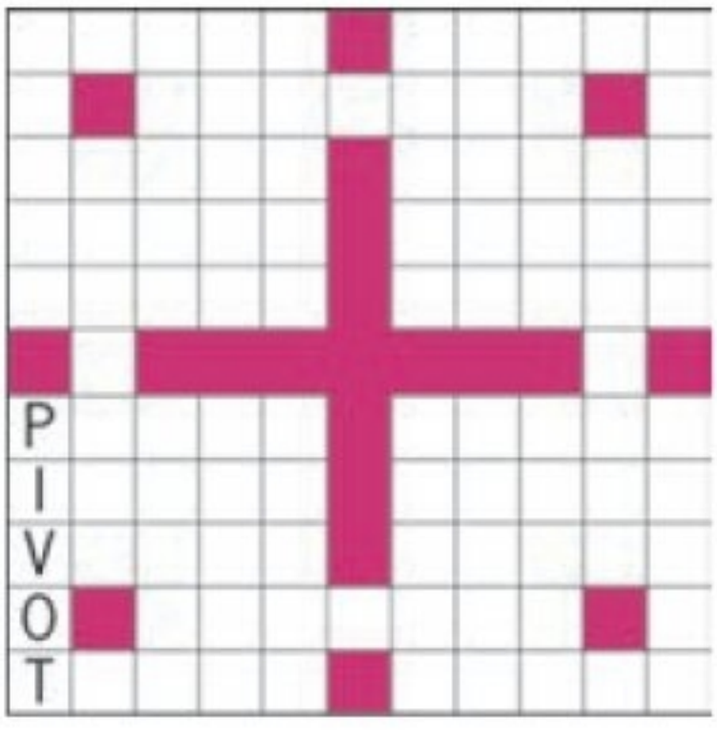
fill-ins

Place all the words listed into the grid. Each word can be used once only. The first word has been filled in.

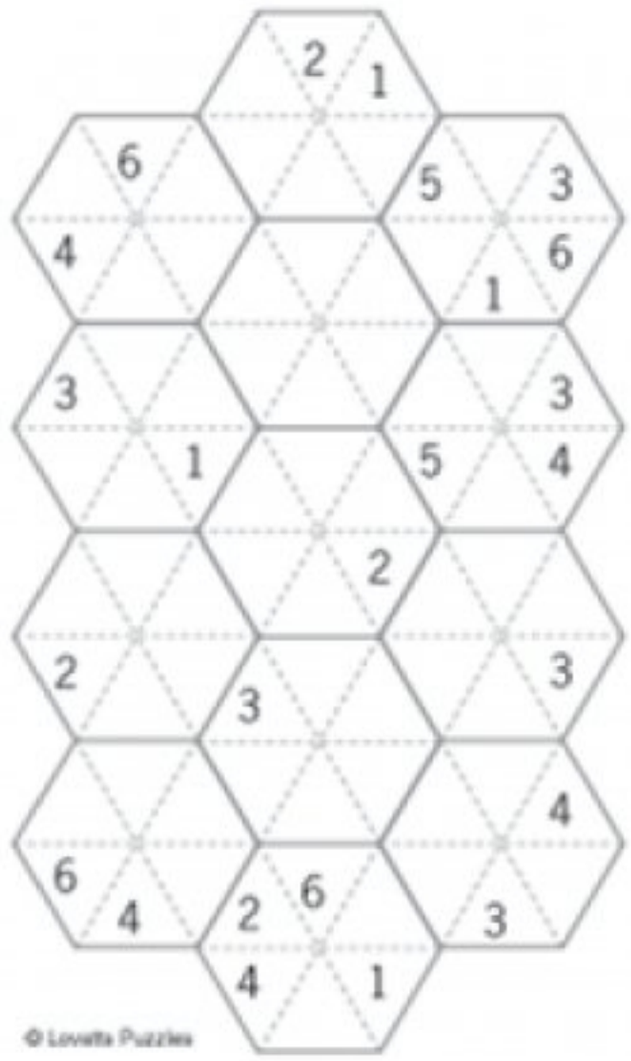


5 Letters
Acres
Acrid
Alibi
Arise
Clone
Close
Deeds
Harsh
Idiot
Keels
Loins
Melee
Mount
Mouth
Norms
Parts
Pivot
Resin
Rider
Rouge
Route
Seems
Shark
Small
Stars
Teems
Token
Trash
Turns
Ultra
Utter
Vodka

7 Letters
Billing
Eeriest
Leather
Tornado

hexoku

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.

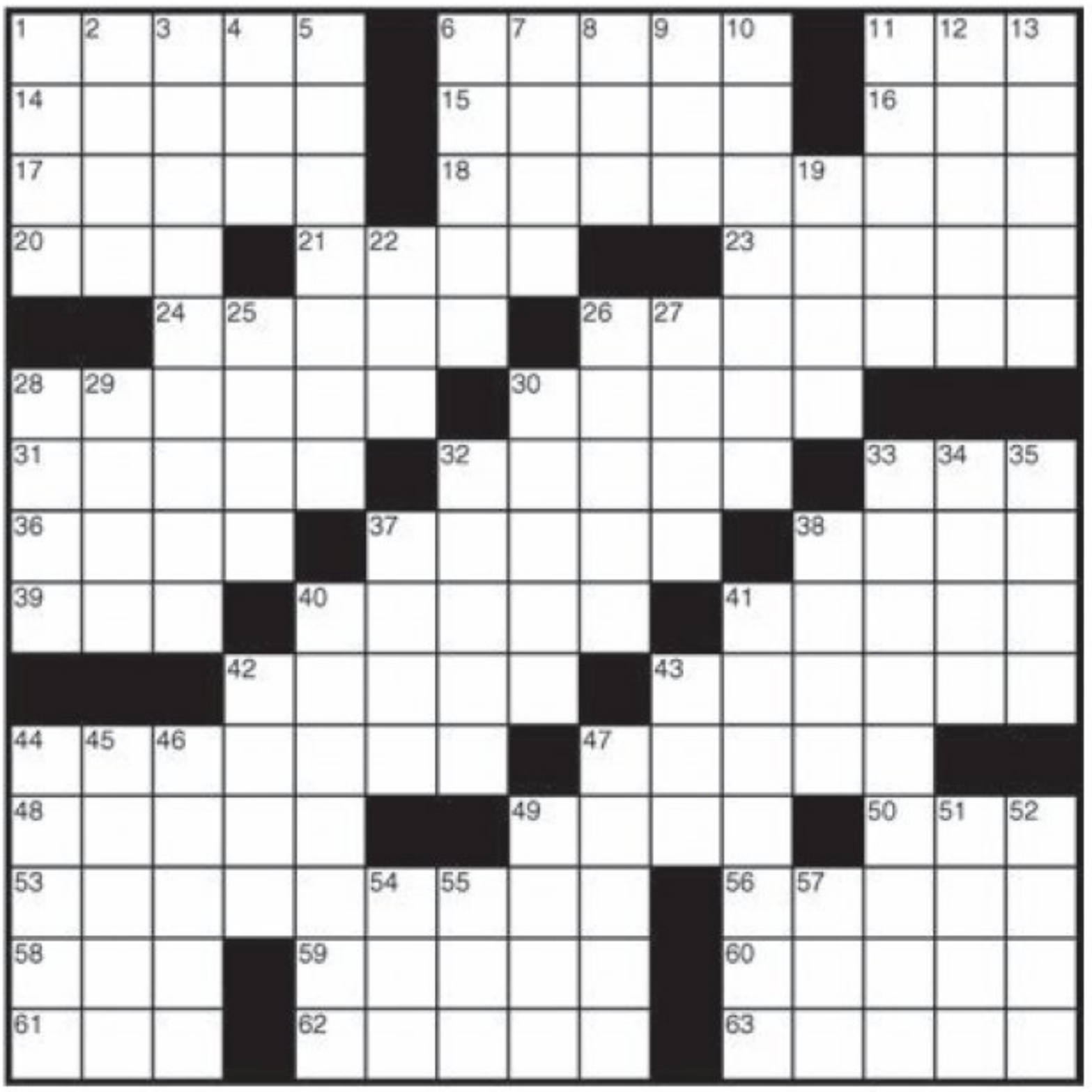


metro.us/crossword

Across
1 Attic end
6 Thorny stem
11 Earth, in combos
14 Artist — Neiman
15 Shocking
16 Wheel buy (2 wds.)
17 In a foul mood
18 Holds firm (2 wds.)
20 Salaam
21 Nessie's hideout
23 Gray-barked tree
24 More than wants
26 Clergy
28 Fly
30 Blackens a steak
31 Layers
32 Not spicy
33 Pond maker
36 Cookbook qty.
37 Investment return
38 Obi-Wan, for one
39 So far
40 Hawks
41 Half of Mr. Spock
42 Does origami
43 Japanese mat
44 Caesar's books
47 Edmonton puckster
48 Storm warning
49 Coup d'—
50 IRS form expert
53 Lose heavily (3 wds.)
56 Musician – Hayes
58 Sooner than anon
59 Fierce look
60 — Dame
61 Cloudy region
62 Early anesthetic
63 Ballpark figure

Down
1 Honey-tongued
2 Prefix for dynamic
3 Huskiest
4 Destiny
5 Grommets
6 Autumn pears
7 Baby —
8 Make — — double
9 Son of Val and Aleta
10 Cardinal
11 Regards with awe
12 Pass legislation
13 Vows
19 Gets the drift
22 Byron work
25 Tombstone deputy
26 Bell tower sounds
27 Writer Ayn —
28 LL.D. holder
29 Intuition
30 Iditarod runners
32 Wraps tightly
33 Draw boundaries
34 Economist — Smith
35 Revealing dress
37 Bellow
38 Rope fiber
40 120 or 240
41 Hesitant, as speech
42 Golfer's shout
43 — Maria
44 Gluts
45 Explorers Lewis and —
46 Type in again
47 Last box to check
49 Raison d' —
51 Duffers' goals
52 Poker pair
54 Diner sandwich
55 Murmur of content
57 Worthless coin

FOR THE ANSWERS TO TODAY'S PUZZLES, metro.us/games



games

metro.us/horoscopes

Aries Travel will provide you with adventure as well as cultural and spiritual knowledge. Social gatherings will help you connect with unique individuals.

Taurus Don't let stubbornness stand between you and your dreams. Choose to approach whatever comes your way with optimism.

Gemini You won't be able to please everyone, and the more you say, the harder it will be to please anyone. Keep your thoughts to yourself.

Cancer Heated arguments will lead to unwanted changes. A drastic reaction will not make you happy or solve any of your problems.

Leo Your approach to emotional matters will impress someone who can influence your position. A practical outlook will help you.

Virgo Problems will surface if you deal with institutions. Put off meetings until you are positive you can make a good impression.

Libra Do your best to improve your life, relationships and prospects. Your ability to see situations clearly will help you find balance.

Scorpio Your mental agility and desire to do things differently will encourage creative endeavors. Take measures that will ensure positive change.

Sagittarius You may crave excitement and adventure, but traveling or getting involved in a debate will turn out to be more than you bargained for.

Capricorn Added responsibilities regarding the elderly or ill can be expected. Balance your time wisely and include someone you love.

Aquarius Tension will cause confrontations with someone you have to deal with daily. Use communication and get to the root of the problem.

Pisces A one-sided relationship will set you back emotionally and financially. Don't share information or let anyone put demands on you. EUGENIA LAST

metro.us/sudoku

easy

		8		7		3		6
						5	1	
3				4	1		2	8
	9		6	1				
5								4
				5	8		7	
9	1		8	6				7
	2	6						
4		7		9		8		

hard

		7	2	4		9		
6				5			7	
	8		7				3	1
							5	4
7		9				1		6
1	5							
4	7				9		1	
	6			7				9
		2		1	4	5		

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